

November 2023 | Edition 205

NPAG News

Inside this edition

- NPAG's 40th anniversary!
- National District Nurses Conference 2023
- Upcoming best value group meetings
- Keeping in touch between meetings

and much more...

Welcome to NPAG News for November 2023

Welcome to the November 2023 Edition of NPAG News.

We are 40!

This month we celebrate NPAG's 40th Birthday. NPAG - The National Performance Advisory Group – was first established and funded by the Department of Health in 1983 to provide advice and guidance regarding pay and productivity issues for ambulance, ancillary and estates staff.

As NPAG became established, we commenced national benchmarking of NHS services in response to demands from operational managers for data to compare and improve operational managers' services.

In July 2006 NPAG became a self-funding trading division of the East of England Ambulance Service NHS Trust and we remain so today, continuing to provide our range of popular services, supporting managers across the NHS in the continuous improvement of their services.

To celebrate our special birthday we are introducing a range of offers - see *overpage for all the details!*

This issue carries our usual content on the NPAG Network and you will also find information on our best value groups as well as the NDN Conference 'The Past. The Present. The Future' which takes place at the end of the month.

We hope you have a great November and look forward to seeing many of you at one of our Autumn meetings or events.



Membership of NPAG can help you to network with other professionals in your field. You can meet people who share similar interests, learn about opportunities, and develop relationships that may be beneficial to your career.

Health Visiting and School Health Services Member

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NPAG has come a long way since its inception 40 years ago.

NPAG's National Footprint in 2023

NH
National Performance
Advisory Group

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NPAG is passionate about supporting NHS and public sector managers in the continuous improvement of their services across every Trust. Looking ahead, we aspire to be the leading facilitator in bringing specialists together across our National Health Service, and beyond.

- NPAG proudly supports over 50% of NHS Trusts including some of the biggest and highest profile across the UK.
- Small but perfectly formed, NPAG is a core team of five that works closely with a well-established wider 'family' of associates and partners.
- We have around 700 NPAG members across our groups – all benefitting from best practice learning, knowledge sharing and networking.
- NPAG is celebrating its 40th anniversary this year! We consistently deliver income for EEA, ploughing them straight back into frontline services.
- Each year, NPAG creates and manages over 100 events!



- * **£40 fee** for an additional member to join the same BVG (usually £295)
- * **£40 OFF** Occupational Health Course bookings
- * **£40 OFF** the standard NHS rate for the NDN Conference delegate rate**

npag.org.uk

National District Nurses Conference 2023



National Performance
Advisory Group

District Nurses - The Past. The Present. The Future

28th November 2023

Northampton Town Centre Hotel

Why Attend?

NPAG remains committed to being a collective voice for District Nurses to continue to provide safe, quality patient care. 2020 was the year of the nurse, and there were many plans to celebrate, but that ended, like so many other events, due to the pandemic. So, this NPAG conference will explore the history of the District Nurse from its conception in Liverpool, to the current situation in district nursing and what the future holds. How we can continue to have a voice and how that voice can be stronger in the future?

Exhibition

Delegates will have access to an exhibition throughout the day, with opportunities to network with peers and representatives from the District Nursing industry.

Meet our sponsors



Agenda Highlights

- The History of the QNI - Dr. Crystal Oldman CBE in collaboration with Professor John Unsworth OBE
- Creating Capacity to Care - Levi Rowe, Matron, Birmingham & Solihull Mental Health NHS Foundation Trust
- Community Kit Bag - Melanie Cabbage, Associate Director of Community Nursing, Experience & Improvement
- Historical Review of Public Health within Liverpool - Conleth Kelly, Senior Lecturer, Liverpool John Moores University
- Getting around the District: An Illustrated History - Dr. Susan Cohen, Independent Nurse Historian
- District Nurses - celebrating the present, exploring future focused - Sam Sherrington, Deputy Director Community Nursing, NHSE
- QNI Update - Dr. Crystal Oldman CBE
- Digital Prescribing for Community Teams - Tracey Ellershaw, Deputy Associate Director of Nursing, University Hospitals Morecambe Bay Trust

Why Attend? Our Conference Chair, Rebekah Matthews, says...



I have worked in community nursing for 30 years and I have seen so many positive changes. I still feel as privileged today to work in a service that has over 160 years of documented history. I look forward to walking through some of those steps during the day also looking at the great work we are presently doing and having a look at the future possibilities and innovations.

Interested? Please contact Laura Howe for details or to secure your place: info@npag.eastamb.nhs.uk

[Click here for more info](#)

National District Nurses Conference 2023



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at Northampton Town Centre Hotel on **28th November**

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National District Nurses Conference 2023



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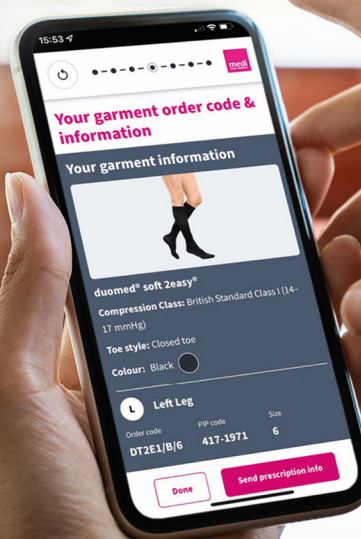
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** PUBLISHED IN A BJN GUIDE TO SUPPLEMENT, SEPTEMBER 2022

1. Pollard D, Allen D, Irwin NJ, Moore JV, McClelland N, McCoy CP. Evaluation of an integrated amphiphilic surfactant as an alternative to traditional polyvinylpyrrolidone coatings for hydrophilic intermittent urinary catheters. Biotribology. Published online August 31, 2022;100223

2. In vitro data on file.

3. Jafari NV, Rohn JL. The urothelium: a multi-faceted barrier against a harsh environment. Mucosal Immunol. 2022;15(6):1127-1142. doi:10.1038/s41385-022-00565-0

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Energy Network 2023

National Performance
Advisory Group

Thursday 23rd November 2023 - Inaugural Meeting

Healthcare buildings contribute 15% of the total NHS carbon footprint, which means that reducing emissions in this area is essential if the health service is to reach its world-first net zero goal.

At NPAG we have a long track record of supporting healthcare managers in reducing emissions, effecting cost savings, and providing better health and wellbeing services. Improving energy efficiency in hospitals delivers value for the NHS and the communities it serves – in more ways than one.

We have existing Networks focused on Sustainability and on Waste Management, both of which are very popular. To work alongside those existing groups, and responding to requests from our membership, we are now about to launch a new national group focused on Energy.

Why attend?

- You will have the opportunity to discuss topics, identify those to be explored further, agree meeting agendas and identify speakers that people consider would add value for the group.
- You will hear from NHS England, Trust representatives and suppliers about the issues.
- Once the Group is established, collaboration will not be confined to the formal meetings and members will be able to openly and actively communicate with each other using the NPAG Network.



NPAG Best Value Groups continue to prove popular with members, offering a wide range of benefits, including the sharing of innovative practice, by bringing together colleagues in a facilitated environment. Our groups have helped influence government policy, many of these involved in formal consultation with the central bodies such as NHS England and the DHSC.

Why Energy?

NPAG are always keen to consult with healthcare professionals on how we can better support you in your everyday roles. We have had a number of approaches asking if we would consider introducing a group dedicated to Energy in the NHS. The subject is already covered on the agendas of other groups such as Estates and Sustainability but, given the increasing challenge of planning for a net zero National Health Service and the national work being undertaken to update the Energy HTM 07-02 under

Interested? Why not come and see for yourself ! The inaugural meeting will take place via Microsoft Teams on Thursday 23rd November 2023.

To register your interest please contact Laura Howe for further details: laura.howe@npag.eastamb.nhs.uk

Waste Management Best Value Group 2023-24

Meeting 1: Thursday 7th December 2023, MS Teams

Waste Management is a key discipline in the NHS and has never been more important in helping to deliver the Greener NHS programme and in turn a Net Zero NHS. Consequently the role of the NPAG Waste Management BVG has become an ever more important forum for those involved in this work.

This group is very well established and very well respected – often acting as a sounding board for other national bodies such as NHSE, Environment Agency, Crown Commercial Services, CIWM, HWMA and Defra. In the last round the group achieved a membership in excess of 100 making it what we believe to be the largest NHS group of its type in the country.



I could not recommend a better group to be a member of if you have a responsibility for health care waste. I have yet to come across a question that they cannot be answered or good advice given from the membership, & unlimited support from colleagues in the NHS.

Environmental Sustainability Manager,

The NHS waste management agenda is large and complex. Here are just some of the topics identified for the new round:

- New Clinical Waste Strategy
- HTM 07-01
- Offensive waste stream
- Job Descriptions
- Food waste
- New waste technologies
- Recycling - general/plastic
- IT systems / electrical waste

Why Join? Our Chair says...



Our group holds a vast array of knowledge which, most importantly, is freely shared either in the meetings or through the inter-meeting discussions that continue apace. We have continued to develop important and valued links to many other organisations within the world of waste and I thank our esteemed contributors for their valued ongoing support and input. The range of topics covered and the presentations that have been organised throughout the year is superb & has helped every one of us in some way. And, of course, my thanks to every one of our growing membership. This group is run for you & for your benefit. Its success is due to the quality of your contributions, & it is a pleasure to represent you in whatever way I can.

Interested? Why not come and see for yourself and you can **Try Before You Buy!** The first meeting in this round will take place via Microsoft Teams on 7th December 2023, followed by a further 3 more meeting dates. Please contact Marie Cherry for further details: info@npag.eastamb.nhs.uk

NHS Car Parking & Sustainable Transport Network 2023-24

Meeting 1: Thursday 7th December 2023

With the drive for a [Net Zero National Health Service](#) and the increasing daily demands of Car Park Management and implementing sustainable transport, we all need support. The aim of this national NPAG Network is to embrace the principles of Health Technical Memorandum (HTM) 07-03 on best practice for NHS organisations dealing with car park management and sustainable transport. First launched in 2015, the group is now a highly-regarded reference point for central bodies such as NHS England, the national Greener NHS Team and other organisations such as the British Parking Association.

Over the last year we have been working hard to identify our 'Top 5 Things' - principles that we would like to see established nationally and locally to improve car parking management and access to our hospitals for patients and staff. In the coming year, we will be looking at developing these themes and discussing them with national bodies with a view to having them recognised as national aspirations. We will investigate the challenges faced in delivering integrated sustainable transport and car parks which operate efficiently. All whilst managing the demand to balance staff parking and ensure patients and frequent visitors can access spaces knowing that parking, and wider access, has a true and real impact on the patients' journey and experience, and ultimately on patient care.

"Have you developed mechanisms to routinely & systemically review the need for patients, staff and visitors to travel?"

"How do you manage your car parking and transport strategy against this changing background?"

"How do you secure senior management buy-in and staff acceptance?"

What NPAG is doing!

Eight years ago NPAG established this national group dedicated to Car Parking and Sustainable Transport. The group is now well-established with members from across the country, including Northern Ireland. We have also made strong connections with the key bodies mentioned and we work closely with other NPAG networks that have a shared interest.

We continue to refine our agenda, particularly against the backdrop of pursuing a Net Zero National Health Service. At the same time as engaging in longer term planning, we continue to support our membership in managing day-to-day issues by freely sharing policies, procedures and other key documents and information.

Why Join? Our Chair says...



The groups' structure and form mean that members who attend are committed and dedicated to proactive networking which in turn achieves tangible results.

Interested? Why not come and see for yourself and you can **Try Before You Buy!** The first meeting in this round will take place via Microsoft Teams on **7th November**. Please contact us for further details: info@npag.org.uk.

Putting the Patient First

Organisational Training Workshops

Customer Care and Communication Skills in the NHS

This one-day onsite training workshop is aimed at all NHS Staff. The agenda is designed to increase the awareness of the service user relationships, and its importance and impact on your organisation. Bespoke to your objectives, the programme will reflect on your organisational core values, ensuring the outcomes are successful and can be measured.

By the end of the day participants will have a skill set that enhances their ability to:

- ✓ Understand the impact of their behaviour on others
- ✓ Learn how to handle challenging situations & people
- ✓ Develop effective communication techniques
- ✓ Understand patient expectations
- ✓ Identify how and why perceptions are formed
- ✓ Demonstrate a positive attitude
- ✓ Take ownership



The patients must be the first priority in all of what the NHS does. Within available resources, they must receive effective services from caring, compassionate and committed staff, working within a common culture.
Francis Report, 2013

Originally developed in direct response to the Francis Report recommendations, this workshop has evolved to further embrace the NHS People Promise “to work together to improve the experience of working in the NHS for everyone.”

Further benefits include:

- Evidence to the CQC of your commitment to improving patient care through staff training
- Contributes towards achievement of the Knowledge and Skills Framework
- Development of ‘Actions Plans’
- CPD accreditation



I have seen a general uplift in staff returning from this session. Thanks for helping getting the conversation started on the importance of values and beliefs in ourselves, each other & the service we deliver.

HSSD, Jersey

Interested? Contact Lynn Maddison for further information:
info@npag.eastamb.nhs.uk

Clinical Development for Occupational Health Professionals

A series of practical training modules

Occupational Health advisors are leaders in public health in the workplace setting. Their role is pivotal to delivering better workplace support needed to prevent work-related ill-health and improve productivity by reducing the effects of presenteeism, health-related job losses and improve opportunities for job-seekers with health impairments.

It is imperative any training provides evidence-based knowledge, theory and professional confidence and competencies. **NPAG's Clinical Professional Development for Occupational Health Professionals** training does just that and is specifically aimed at professionals working in Occupational Health.

Each module will:

- ✓ Enable you to hit the ground running in clinical practice.
- ✓ Provide you with the daily clinical and professional skills you require to undertake your duties.
- ✓ Give you the clinical skills to support further academic qualifications and training.



Each module represents standalone professional participatory CPD hours. Delegates attending all 8 modules will receive a Certificate of completion of the **NPAG Foundation Course in Occupational Health**.

Modules:

Each module introduces recent research and developments, teaching critical thinking over academic content. Choose from:

1. COSHH Health Surveillance
2. Employment & Pre-Placement Health Assessment
3. Fitness for Work
4. Human Factors in OH, Ergonomic Assessment & Adjustments
5. Long-Term Condition, Health & Disability Management
6. Noise & Vibration Health Surveillance & Case Management
7. Occupational Health Risk Assessment
8. Performance & Attendance

Applicants are encouraged to attend as many or as few workshops as they feel necessary.

£40 off all bookings made in November 2023 for 2024 courses. Quote "NPAG 40th anniversary offer"

*Fees detailed on page 6 in booking flyer, contact us for details.



A great study day – very useful, relevant and well presented. Probably one of the best study days I have been on in many years.

2023 Participant

Don't miss out! Modules will run across 2024.

Contact us for more details: info@npag.eastamb.nhs.uk.

NPAGNetwork

Supporting our Members

National Performance
Advisory Group

The NPAG Network is available to all our Members and continues to provide a very welcome service.

NPAG developed the service, recognising the need for a forum for healthcare providers to ask questions, request assistance and information, share documents, and get professional and practical advice from their peers throughout the UK, saving time and money in not reinventing the wheel. Members of the NPAG's Best Value and National Networking Groups form the nucleus of the Network – providing over 600 contacts throughout the UK.

[Find out more...](#)



Here are some recent Network questions:



How many staff (in total, not permit holders) do you have per site to how many allocated staff parking spaces? Some comparable data to other trusts would be really useful, thanks in advance.

NHS Car Parking and Sustainable Transport Network Member

Do any members have a method/process in place for reviewing the effectiveness of PM plans that they could share?, e.g. mean time between failure (MTBF).

Clinical Engineering North Member

What are the core hours of Trusts District Nursing Teams. Are there any Teams which work 8am to 8pm 7 days per week.

NDNN Member

Would it be possible to ask the Transport & Logistic NPAG group if they have any recommendations for driver training. The vehicles we use at LYPFT are 3x 3.5 tonne van and 10 EV Nissan NV 200. I am looking for a driver training course for my drivers.

NHS Transport & Logistics Member

Do any members use an auction house to resell old equipment for income generation, if so, do you send a full service history with each device? As per MHRA recommendations. If not, why?

Clinical Engineering North Member

Does anyone have a copy of a pain assessment tool which they use in the community in which they are using and they would be happy to share?

NDNN Member

If you don't currently use the service, please do so. You will not be disappointed! Please send your NPAG Network requests to: e: npagnetwork@npag.eastamb.nhs.uk

Please note, you need to be an NPAG member to submit an enquiry and members must have permission to share documentation with NPAG.

Working in partnership with NPAG

NPAG has established many important partnerships over the years. We work closely with a number of excellent training providers and business associates.

If this is of interest to you, please contact us: info@npag.eastamb.nhs.uk

What's hot for the coming months

National Networking Group Meetings

November

- EPRR
- Operating Theatres

December

- Estates
- Facilities North
- NHS Car Parking and Sustainable Transport
- NHS Sustainability Leads
- Telecoms
- Temporary Workforce
- Waste Management

Workshops & Events

- Human Factor Onsite Training
- Introduction to Resilience in the NHS, Onsite Training Workshop
- Diversity Equality and Inclusion Onsite Training Workshops
- Assertiveness & Self-Management Training Workshops
- Putting the Patient First Onsite Training Workshops

Please contact info@npag.eastamb.nhs.uk for more information.

Sponsors! 2023 Conferences:

There is still limited availability to sponsor the National District Nurses Conference on Tuesday 28th November 2023, Northampton Town Centre Hotel.

On Thursday 21st March 2024 we will be organising a Waste, Sustainability & Energy virtual conference. If you are interested in seeing the different ways you can sponsor this virtual event please get in touch.

Please email your interest to sponsor the relevant conference above, and your details will be recorded.

Contact us

npagnews@npag.eastamb.nhs.uk

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