

# Supporting Plus-Size Patients – A Whole-Systems Approach Workshop

## 27th November 2019, Central London

NPAG have, for over five years, run a series of workshops, aimed at NHS managers, exploring the needs of plus-size patients. The key message to come out of our most recent workshop was the urgent need for all NHS trusts to develop comprehensive policies and plans to provide equality of access to healthcare to all. Every hospital or clinic should be able to welcome a patient of any size, without fear of embarrassment or loss of dignity. On the back of this we have developed our next workshop titled 'Supporting Plus-Size Patients – A Whole-Systems Approach'

This workshop focuses on the need for trusts to research the particular requirements of the population they serve and to make suitable provision. In addition to the strategic approach we intend to explore the practical considerations including design, adaptation and evacuation and some of the psycho-social aspects that we should all be aware of, being ready to offer helpful interventions where appropriate.

It is always important to engage and plan with users of our services and, once again, we will include a very personal perspective from a service user within the day.

Our events always attract a number of key providers in the field and there will be an opportunity to examine new and innovative products from our sponsors.

Some feedback from our 2018 workshop attendees:

**"Very thought provoking. I will be going back and looking at writing guidelines and policy around plus size"**

**"Very good day! A good opportunity to network with other trusts and share ideas."**

There will be ample networking opportunities throughout the day. Attendance can also be used as evidence of clinical professional development with delegates being awarded a CPD points certificate.

This interactive programme looks at the importance of planning carefully for the needs of plus size people and to ensure equality of access for all. The agenda will include:

### Setting the Scene – Policy, Planning and Implementation

**Strategic Planning for a Plus-Size Person (Bariatric)**, Anita Rush, Clinical Nurse Specialist, Professional Membership Association National Back Exchange

### Practical Considerations

**Design, Adaptation and Evacuation**, Sue Southey, Specialist Moving and Handling Advisor, Ashford and St Peter's Hospitals NHS Foundation Trust

### The Psycho-Social Aspects

**Psychological Issues in Obesity**, Dr Carla Croft, Lead Clinical Psychologist for the Bariatric Service, Berkshire Healthcare NHS Foundation Trust, Clinical Health Psychology Service

**Personal Perspective of life at 200kgs**, Tracey Carr, Fat Lot She Knows

**Panel Session, opportunity for everyone to engage and pose questions to the speakers**



Tracey Carr, Fat Lot She Knows



**Interested?** Please contact Victoria Combes for further details or complete the attached Registration Form to secure your place: e: [victoria.combes@npag.eastamb.nhs.uk](mailto:victoria.combes@npag.eastamb.nhs.uk) / tel: 01245 544600