

An Introduction to Supporting Plus Sized Patients Workshop - Thursday 22 Feb 2018, Jurys Inn, Midlands

Several studies have documented the role of stigma as a barrier to access and use of health and social care services in different settings. **Plus size patients can delay seeking healthcare due to embarrassment and uncertainty over whether the equipment will be available to handle their weight.**

Every hospital or clinic should be able to welcome a patient of any size, without fear of embarrassment or loss of dignity. For example, bariatric equipment should be readily available and staff should have the necessary skills, knowledge and space in which to work.

NPAG firmly believe in equality of healthcare for all and since 2012 we have run an occasional series of workshops / exhibitions exploring the issues for trusts in making suitable provision for plus size (bariatric) patients.

We are delighted to announce that our 2017 event will be held in the Midlands on **Thursday 19 October**. As well as hearing from national speakers about the importance of proper planning we also examine the human aspects and hear first-hand from a patient's perspective. For the first time, responding to demand, we will also look at the concept of early intervention techniques designed to promote healthy lifestyles and reduce obesity.

"Very happy with the information and knowledge I have gained. Great to meet like-minded people working on similar projects within their own organisations".

Welsh Ambulance Service HART

Like Tracey Carr, one of the key speakers at our event, NPAG are neither 'anti-diet', nor 'pro-fat' — we just seek to ensure dignified and respectful care for all.

This interactive programme looks at the importance of planning carefully for the needs of plus size people and to ensure equality of access for all. We also ask whether early intervention can help to reduce obesity. And we examine the human aspects – how does it feel to be a patient in a 'size-unfriendly world'?

Setting the Scene

Strategic Planning for a Plus Size Person (Bariatric), Anita Rush, Clinical Nurse Specialist, Professional Membership Association National Back Exchange

Early Intervention, Linda Starkie, Interim Area Clinical Manager, School Public Health, Kent Community Health NHS Foundation Trust

Breaking Down the Barriers – Attitudes & Behaviours

Putting the Patient First, (interactive session) Sheila Fisher, NPAG Associate Training Consultant, Impact Training Consultancy Services Ltd

Personal Perspective of life at 200kgs, Tracey Carr, *Fat Lot She Knows*

Panel Session, opportunity for everyone to engage and pose questions to the speakers

Chairman's Summary

Interested? Please contact Tracey Johnson for further details or complete the attached Registration Form to secure your place: e: tracey.johnson@npag.eastamb.nhs.uk / tel:

01245 544600

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